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Development and Initial Validation of the Coalitional Mate Retention Inventory

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Abstract

“Mate retention” behaviors are designed to reduce the likelihood of partner infidelity and relationship termination. Measures of mate retention historically have focused on individual mate retention—behaviors that individuals perform alone. The current research explores “coalitional mate retention” (CMR)—mate retention with assistance from allies. Using an act nomination procedure, we constructed the CMR Inventory (CMRI) to assess specific CMR behaviors. In Study 1, participants ($n = 100$) provided open-ended responses in which they nominated CMR behaviors. In Study 2, participants ($n = 387$) provided frequency reports on the 44 CMR behaviors identified in Study 1. We conducted principal components analyses to guide construction of the CMRI, which assesses seven components of CMI: *Manipulation* (e.g., “Got my partner drunk to see what my partner said”), *Praise* (e.g., “Said nice things about me when my partner and other people were around.”), *Vigilance* (e.g., “Observed how my partner acted around people interested in my partner”), *Monopolizing Time* (e.g., “Accompanied my partner to a party”), *Therapy* (e.g., “Told my partner how much I liked my partner”), *Gifts* (e.g., “Told me what gifts my partner wanted”), and *Violence* (e.g., “Hit someone who was flirting with my partner”). Discussion highlights the limitations of focusing exclusively on individual mate retention and the importance of considering alliances when researching mate retention.

Keywords: mate retention, coalitional mate retention, inventory, friends, maintenance behaviors

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Romantic infidelity is accompanied by various costs. Infidelity is a leading cause of separation and divorce (Allen & Atkins, 2012). Those who suspect or discover their partner's infidelity may suffer from major depression, anxiety, and relationship dissatisfaction (Betzig, 1989; Cano & Leary, 2000). Individuals who commit infidelity may contract sexually transmitted diseases from an extra-pair partner, thereby placing their regular partner at risk of contracting those diseases. A man whose regular partner commits sexual infidelity is at risk of investing resources into offspring to whom he is genetically unrelated.

Given the costs of partner infidelity, individuals perform “mate retention” behaviors to reduce the likelihood of partner infidelity. A widely-used mate retention instrument is the Mate Retention Inventory (MRI; Buss, 1988; Buss, Shackelford, & McKibbin, 2008), which measures performance frequencies of specific mate retention behaviors. Behaviors assessed by the MRI include those predicted and found to be sex-differentiated, according to evolutionary psychological theory. For example, men more than women display material resources and deploy violence to retain a mate, whereas women more than men enhance their physical appearance and use sexual inducements to retain a mate (Buss, 1988; Buss & Shackelford, 1997). Virtually all (102 of 104) behaviors included in the MRI are individual-level behaviors—behaviors that individuals perform alone (i.e., without assistance from others).

Guided by Social Exchange Theory, Stafford and Canary (1991) developed the Relational Maintenance Strategy Measure—an inventory of “relational maintenance behaviors” that focus on maintaining relationship stability through coordinated efforts between partners. Behaviors in this inventory focus on cooperation (e.g., “Share in the joint responsibilities that face us”) and relationship equity (e.g., “Help equally with tasks that need to be done”). One of the five tactics in this inventory—“Network”—includes behaviors that use social networks to maintain relationship stability (e.g., “Like to spend time with our same friends”, “Focus on common friends and affiliations”). However, Stafford and Canary did not explore specific behaviors that friends perform to assist in promoting relationship stability.

The current research investigates specific behaviors that comprise “coalitional mate retention” (CMR), defined here as mate retention with assistance from allies (i.e., friends).

Documented Cases of Coalitional Mate Retention

Non-human animals that recruit allies for CMR can thereby overcome limitations of individual mate retention. For example, in lions, a coalition of males is more successful than a single male at defending sexual access to a female against rivals (Grinnell, Packer, & Pusey, 1995; Schaller, 1972). Macaque males may form coalitions to overpower higher-ranking males to secure sexual access to fertile females (Bissonnette, Bischofberger, & van Schaik, 2010). Males of other species also sometimes form alliances with other males to defend sexual access to females, as has been documented in cheetahs (Caro, 1994), chimpanzees (Watts, 1998; Nishida & Hosaka, 1996), and dunnocks (Davies, 1992).

Historically, humans have practiced CMR. For example, kings recruited guards to protect their harem (Lad, 2011). The inclusion of two items in the MRI—“Had my friends check up on my partner” and “Got my friends to beat up someone who was interested in my partner”—suggests that humans sometimes perform CMR (Buss, 1988; Buss et al., 2008). The inventory developed by Stafford and Canary (1991) provides indirect evidence of CMR: Maintaining social networks shared by romantic partners is important for maintaining stable relationships. Individuals whose partner has sex with their friend—relative to with a stranger or with an enemy—feel most betrayed by their partner (Shackelford & Buss, 1996), providing indirect evidence that individuals understand—both implicitly and explicitly—that one should not pursue a friend’s romantic partner. These results are consistent with research documenting that *trustworthiness* is important for maintaining friendships (Cottrell, Neuberg, & Li, 2007; Vigil, 2007). Unlike some non-human species in which males cooperatively breed with females (see Watt, 1998), humans do not typically tolerate allies having sex with their partner.

Benefits of Coalitional Mate Retention

CMR can overcome the costs of “excessive” individual mate retention. Individuals who perceive their partner to be overbearing, excessively jealous, and mistrustful (i.e., they perceive that their partner

performs excessive mate retention) also report greater relationship dissatisfaction, and sometimes terminate the relationship as a result (Guerrero, Andersen, Jorgensen, Spitzberg, & Eloy, 1995). Individuals can reduce their partner's perception of excessive mate retention by employing CMR. Individuals who use CMR can decrease the likelihood of their partner's infidelity without appearing overbearing to their partner. For example, individuals may recruit allies to accompany their partner to a social gathering to ensure that their partner does not flirt with others, while simultaneously appearing trusting to their partner because they are absent.

CMR can overcome time (e.g., restrictive work schedules) and geographic (e.g., long-distance relationships) restrictions of individual mate retention. For example, individuals may be less likely to commit infidelity during a trip away from their partner if, during that trip, they are accompanied by their partner's friends. Similar to vigilance-related behaviors in the MRI, individuals can employ CMR to perform proxy-vigilance through their allies.

Individuals can boost their mating desirability to their partner with assistance from allies, thereby decreasing the likelihood of their partner's infidelity. Individuals mated to a less (vs. more) desirable partner are more likely to terminate the relationship or commit infidelity (Shackelford & Buss, 1997). Individuals can ask their friend to advertise their mating qualities for them (e.g., your friend says positive things about you), thereby avoiding the costs of appearing narcissistic if they bragged about themselves, and validating those advertisements by providing corroborative evidence from friends.

Costs of Coalitional Mate Retention

CMR has potential costs. Those who recruit a same-sex ally for CMR risk their ally "poaching" their partner—luring their partner away or having sex with their partner. Kings were aware of potential mate poaching by guards and, therefore, recruited eunuchs—instead of sexually functional men—to police their harem (Lad, 2011). Two items included in the MRI—"Told my same-sex friends how much my partner and I were in love" and "Refused to introduce my partner to my same-sex friends"—indicate that individuals are aware that same-sex friends are potential mate poachers.

Those who recruit an opposite-sex ally for CMR risk being the target of their ally's mate poaching (Mogilski & Wade, 2013). The majority of men, and some women, are sexually attracted to their opposite-sex friends (Kaplan & Keys, 1997) and report uncertainty about sexual boundaries with those friends (Swain, 1992). Individuals sometimes befriend opposite-sex friends with the explicit intention of mate poaching (Schmitt & Buss, 2001). Some men report that "there wasn't enough sex in our relationship" as a reason for ending an opposite-sex friendship (Bleske-Rechek & Buss, 2001).

Overview of the Current Research

Despite substantial evidence that friends play important roles in helping to maintain romantic relationships (Canary & Stafford, 1992; Stafford & Canary, 1991), research has yet to investigate *how* friends assist in CMR. Here, we develop and provide initial psychometric validation of the Coalitional Mate Retention Inventory (CMRI): In Study 1, participants provided open-ended responses in which they nominated CMR behaviors. In Study 2, a new sample of participants provided frequency reports on the CMR behaviors identified in Study 1.

STUDY 1

Method

Participants and Procedure

We recruited 100 participants from Facebook. Participants were at least 18 years of age. Participation was anonymous and unrewarded.

Following previous act nomination procedures (Buss & Craik, 1983), participants reported up to 10 acts that they (or someone they know) asked their friend or relative to do to prevent their partner from becoming interested in someone else. Participants recorded their responses on an online survey host.

Results

We collected 190 act nominations. We eliminated vague acts (e.g., "asked my friend to help with my relationship") and irrelevant acts (e.g., "I am never jealous") to construct an initial 44-item CMR Inventory for further investigation in Study 2 (complete list of acts are available upon request).

STUDY 2

Method

Participants

We recruited from Amazon's Mechanical Turk (MTurk) 387 participants (176 women) in a committed, heterosexual relationship lasting at least one year. The mean participant age was 32.1 years ($SD = 9.1$), and the mean relationship length was 66.0 months ($SD = 88.5$). Participants reported on interactions with two friends (one man and one woman—see below), each of whom they considered a good friend, and each of whom they have known for at least one year. The mean length of the friendship was 88.7 months ($SD = 90.2$) with the male friend, and 76.6 months ($SD = 89.6$) with the female friend. We implemented MTurk filters recommended by Peer, Vosgerau, and Acquisti (2013): Mturk workers who could access had successfully completed at least (1) 500 Mturk jobs, and (2) 95% of their jobs.

Materials

In line with Simmons, Nelson, and Simonsohn (2011), we fully disclose all variables. Participants reported their age, sex, and romantic relationship length. Participants reported the number of miles they lived from their partner, and how often they have sex with their partner during a typical week. Participants completed the Mate Retention Inventory Short Form (MRI-SF), in which they reported on a 4-point scale (0 = *never*, 1 = *rarely*, 2 = *sometimes*, 3 = *often*) how often they performed 38 mate retention behaviors during the past year (Buss, Shackelford, & McKibbin, 2008). Participants also completed the HEXACO-60, which secures scores on six personality traits: extraversion, emotionality, openness to experience, conscientiousness, agreeableness, and honesty-humility (Ashton & Lee, 2009).

Participants were instructed to think of one heterosexual man and one heterosexual woman, each of whom they considered to be good friend, and each of whom they have known for at least one year. For the remainder of the survey, participants answered each question twice: Once for their male friend, and again for their female friend.

Participants reported their friend's age, the length of their friendship (in months), whether their friend was in a committed, romantic relationship, and whether their friend was friends with their partner. Participants completed the McGill Friendship Questionnaire (Mendelson & Aboud, 1999), which assesses friendship quality in six areas: stimulating companionship, help, intimacy, reliable alliance, self-validation, and emotional security. Participants completed the 44-item initial CMRI, in which they reported on a 4-point scale (0 = *never*, 1 = *rarely*, 2 = *sometimes*, 3 = *often*) (1) how often they requested their friend to perform each behavior during the past year, and (2) how often they believed their friend performed that behavior during the past year. These two frequency reports are not necessarily related. For example, individuals can frequently request a CMR behavior but their friend never performs the behavior (i.e., their friend disregards the CMR request), or individuals might never request a CMR behavior but their friend frequently performs the behavior (i.e., their friend performed an unrequested CMR behavior). Two attention check questions were incorporated into the CMRI: One question asked participants to respond "never" and the other question asked participants to respond "often".

Procedures

Potential participants viewed an advertisement for this study on Mturk's job listings. Those interested in participating were provided a link to a consent form. Those who electronically signed the consent form could access the survey, and those who did not sign were exited from the study. Participants who correctly answered the attention check questions were compensated \$4.00. Those who failed the attention check questions (31 of 387 or 8.0%) were not compensated and their responses were excluded from analyses.

Results

Participants reported for each CMR behavior how often they *requested* that behavior from (1) their male friend ($\alpha = .97$ across all items) and (2) their female friend ($\alpha = .97$), and the frequency with which that behavior was *performed* by (3) their male friend ($\alpha = .96$) and (4) their female friend ($\alpha = .96$). Because participants and their friends were heterosexual, some CMR behaviors only applied to same-sex

friends (e.g., “Seduced my partner to help me test my partner’s faithfulness to me” might only apply to same-sex friends). Thus, we used each participant’s sex to generate CMR behavior *request* frequencies for (5) their same-sex friend ($\alpha = .97$) and (6) their opposite-sex friend ($\alpha = .97$), and CMR behavior *performance* frequencies for (7) their same-sex friend ($\alpha = .95$) and (8) their opposite-sex friend ($\alpha = .96$). In total, there were eight versions of the CMRI.

We conducted principal components analyses (PCA, followed by direct oblimin rotation) on each of the eight versions of the CMRI. For each version, we extracted and retained components with an eigenvalue greater than 1.0 (Kaiser-Guttman criterion; see Jackson, 1993). The PCA for each of the eight versions produced five or six components. After comparing PCA results from all eight versions, the *male friend’s CMR performance* version provided a useful starting point for constructing the CMRI because this version produced the most interpretable components (see Table 1 for component loadings and labels for *male friend’s CMR performance*; analyses of all eight PCAs are available upon request). For this version, each item had a component loading of at least .30 on at least one component. Because the development of the CMRI is in its early stages, we adopted a liberal loading requirement (.30) and, therefore, none of the 44 items was eliminated.

First, we assigned each item to the component onto which it loaded most highly. Then, we moved a few items from one component to another because of their conceptual resemblance with items in the new components. We moved “Included my partner in group activities” and “Studied with my partner” to Component 4 (*Monopolizing time*). We moved “Followed my partner around” to Component 3 (*Vigilance*). We moved “Reassured my partner that I liked my partner”, “Listened to my partner’s relationship concerns”, and “Told my partner that cheating was wrong” to Component 5 (*Therapy*). There is a compelling theoretical reason to group violence-related CMR behaviors into a unique component: Men more than women employ violence as mate retention (Buss, 1988; Buss et al., 2008; Buss & Shackelford, 1997). Thus, we moved three items to a new *Violence* Component: “Fought someone who

was interested in my partner”, “Hit someone who was flirting with my partner”, and “Intimidated someone who was interested in my partner” (see Appendix for item placements in the final CMRI).

Components of Coalitional Mate Retention

The *Manipulation* component includes behaviors in which an ally deceives the partner into admitting (e.g., “Got my partner drunk to see what my partner said”) or demonstrating (e.g., “Tried to ‘hook up’ my partner with someone else to see what my partner did”) the partner’s propensity to commit infidelity. The *Praise* component includes behaviors in which an ally says positive things to the partner and to others (e.g., “Said nice things about me when my partner and other people were around.”), thereby increasing the romantic partnership’s desirability. The *Vigilance* component includes behaviors in which an ally watches the partner’s behavior (e.g., “Observed how my partner acted around people interested in my partner”). The *Monopolizing Time* component includes behaviors in which an ally spends time with the partner (e.g., “Accompanied my partner to a party”). The *Therapy* component includes behaviors in which an ally strengthens the romantic partnership by repairing relationship problems and listening to relationship concerns (e.g. “Told my partner how much I liked my partner”). The *Gifts* component includes behaviors in which an ally secures information about appropriate gifts for the partner (e.g., “Told me what gifts my partner wanted”). The *Violence* component includes behaviors in which violence is employed against potential mate poachers (e.g., “Hit someone who was flirting with my partner”).

Relationships between MRI Tactics and CMRI Tactics

It is not clear whether individuals who employ more CMR will also employ *more* individual mate retention (i.e., concurrent strategies) or *less* individual mate retention (i.e., compensatory strategies). If CMR functions primarily to overcome constraints associated with individual mate retention, then individual mate retention and CMR may be concurrent strategies because individuals may be attempting to exhaust possible strategies to reduce the likelihood of partner infidelity or relationship defection. If CMR functions primarily to disguise jealousy and mistrust, then individual mate retention and CMR may be compensatory strategies because individual mate retention, not CMR, overtly demonstrates jealousy.

We investigated the relationship between these two classes of mate retention strategies. First, we computed tactic scores by computing the mean scores across items within each tactic from the MRI-SF and from the CMRI. Then, we correlated each tactic score from the MRI-SF with each tactic score from the CMRI. The CMRI and MRI-SF use identical 4-point scales (*never, rarely, sometimes, often*) and both measure performance frequencies over the past year (see Table 2). Of the 72 significant correlations, 71 were positive, suggesting that individuals who deploy more individual mate retention also deploy more CMR.

Sex Differences in Coalitional Mate Retention

Table 3 presents the results of tests for sex differences in CMR performance frequencies. Men (relative to women) more frequently recruit their female friends to determine appropriate gifts for their partner. Female friends (relative to male friends) more frequently provide relationship therapy. Unexpectedly, both men and women more frequently recruit their female friend (relative to their male friend) to deploy violent CMR (e.g., hitting, fighting, and intimidating potential poachers). To verify that our sample was not unusual, relative to samples recruited for other mate retention studies, we investigated whether the sexes differ in the *Violence* tactic from the MRI-SF (complete analyses of sex differences for all MRI-SF tactics are available upon request). Consistent with previous research (Buss, 1988; Buss & Shackelford, 1997), men ($M = 1.25, SD = .52$) relative to women ($M = 1.13, SD = .42$) more frequently perform individual mate retention involving violence: $t(348) = 2.18, p < .05$. Thus, despite the unexpected sex difference in violent CMR, our sample is similar to samples from previous mate retention studies.

Discussion

The current research aimed to develop and provide initial psychometric validation for an inventory that assesses coalitional mate retention (CMR) using a balance of data-driven and theory-driven methods. The CMRI includes 44 behaviors that individuals deploy with assistance from allies to reduce the likelihood of partner infidelity or relationship defection. The components extracted from the CMRI

range from negative, cost-inflicting behaviors (e.g., manipulation) to positive, benefit-provisioning behaviors (e.g., therapy).

Because this is a new inventory, replication of the current research is especially warranted. We recommend that future research recruit participants using diverse recruitment methods. Buhrmester, Kwang, and Gosling (2011) found that participants comprising MTurk samples differed demographically (e.g., age, ethnicity) from participants comprising standard internet samples or college samples. Future research could replicate the current research using different recruitment methods, including in-person surveys.

We suspect potential cultural differences in CMR. For example, adolescents who self-identify as more collective (versus those who identify as more individualistic) are closer to their same-sex friends, and are more sensitive to those friends' needs (Verkuyten, 1996), suggesting that unrequested same-sex CMR may be deployed more frequently in collectivist cultures than in individualistic cultures. Future research could recruit multicultural samples to explore cultural differences in CMR.

A limitation of the current research is that we did not investigate CMR with assistance from *relatives*. Relatives—compared to friends—can sometimes generate stronger alliances. For example, when forming coalitions, individuals are more likely to receive help from relatives than from non-relatives (Ackerman & Kenrick, 2008). Thus, individuals who assist relatives receive benefits resulting from genetic relatedness. Additionally, CMR with relatives—compared to CMR with friends—carries different costs. For example, it is less likely that an individual would sabotage their opposite-sex *relative's* relationship—relative to their opposite-sex *friend's* relationship—because of romantic feelings for the target. Furthermore, relatives—compared to friends—may perform more *unrequested* CMR. CMR may be perceived more explicitly as a favor with friends than with relatives (i.e., reciprocal altruism; Trivers, 1982), which may motivate individuals to perform more unrequested CMR for relatives than for friends. Future research might investigate differences in CMR involving friends versus relatives.

The CMRI may provide an important tool for research on couples or relationships constrained by logistics to spend time apart. In the United States, as many as one million people annually are in a long-distance relationship, up to 50% of first-year college students are in a long-distance relationship, and 10% of job relocations cause romantic relationships to become long-distance relationships (reviewed in Aylor, 2003). Additionally, work schedules and career choices are causing more couples to live apart (Armour, 1998; reviewed in Aylor, 2003). The MRI might produce uninterpretable results for such logistically-constrained relationships. For example, two of the mate retention tactics assessed by the MRI are monopolizing a partner's time and remaining vigilant about a partner's whereabouts. However, individuals who spend time apart from their partner because of logistics (e.g. long-distance relationships, work schedules, business trips) would score lower on these two tactics, but *not* necessarily because they lack motivation to perform mate retention. In fact, the time individuals spend apart from their partner is time they cannot account for their partner's behaviors and is, therefore, the time during which there may be *greatest* motivation to perform mate retention (Daiton & Aylor, 2001; McKibbin, Starratt, Shackelford, & Goetz, 2011; Pham & Shackelford, 2013; Shackelford, Goetz, McKibbin, & Starratt, 2007; Shackelford et al., 2002).

This research explores the intersection of two ubiquitous features of human life: mate retention behavior and coalitional behavior. Interest in mate retention behavior has penetrated several research domains, including personality psychology (McKibbin, Miner, Shackelford, Ehrke, & Weekes-Shackelford, 2014), sexual behavior (Goetz et al., 2005), and ovulatory cycling (Gangestad, Thornhill, & Garver, 2002). The current research adds to this literature by highlighting the importance of mate retention with assistance from allies.

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Table 1. Component loadings on CMR performed by male friend (principal components analysis, direct oblimin rotation).

<u>Component 1: Manipulation</u>	<u>Loading</u>
Tried to “hook up” my partner with someone else to see what my partner did.	.85
Told me if he saw my partner cheating on me.	.85
Seduced my partner to help me test my partner’s faithfulness to me.	.84
Got my partner drunk to see what my partner said.	.82
Got my partner drunk to see what my partner did.	.79
Hit someone who was flirting with my partner.	.77
Told me if my partner was cheating on me.	.76
Wore revealing clothing around my partner.	.76
Fought someone who was interested in my partner.	.74
Flirted with my partner to help me test my partner’s faithfulness to me.	.72
Intimidated someone who was interested in my partner.	.67
Said bad things about me to see how my partner would react.	.65
Said negative things about my romantic relationship to my partner to see if my partner would defend our romantic relationship.	.57
Followed my partner around.	.47
Studied with my partner.	.47
Talked to my partner to learn if my partner was interested in someone else.	.44
Told my partner that cheating was wrong.	.44
Asked my partner if my partner found other people attractive.	.38
<u>Component 2: Praise</u>	
Said nice things about me when my partner and other people were around.	.83
Said positive things about me to my partner.	.75
Mentioned me in conversation around my partner when I wasn’t around.	.73
Said positive things about me to my partner’s friends.	.60
Chatted with my partner.	.55
Included my partner in group activities.	.42
<u>Component 3: Vigilance</u>	
Observed if my partner was interested in someone else.	-.82
Observed how my partner acted around people interested in my partner.	-.75
Reassured my partner that I liked my partner.	-.55
Observed if my partner mentioned me during conversations with others.	-.52
Mentioned a story to others that involved me and my partner to remind others that my partner was in a relationship.	-.44
Observed if my partner was wearing gifts that I gave my partner.	-.39
<u>Component 4: Monopolizing time</u>	
Went out with my partner.	-.85
Made plans with my partner for a get-together.	-.83
Accompanied my partner to a party.	-.69

Asked my partner for help with a task (e.g., home maintenance, yard work, school work).	-.68
Drove my partner home.	-.66
Spent time with my partner when I wasn't present.	-.65
Kept my partner company.	-.64
Listened to my partner's relationship concerns.	-.46

Component 5: Therapy

Asked my partner if my partner wanted to marry me.	.60
Asked my partner how serious my partner was about me.	.61
Asked my partner if my partner loved me.	.57
Told my partner how much I liked my partner.	.43

Component 6: Gifts

Told me what gifts my partner wanted.	-.45
Told me my partner's size (e.g., dress, ring) so I could buy my partner appropriately-sized gifts.	-.42

Table 2. Zero-order correlations between CMRI tactics (columns) and MRI tactics (rows).

	α	Gifts	Therapy	Monopolize	Vigilance	Praise	Manipulation	Violence
Vigilance	.50	.09	.16**	.06	.20**	.03	.13*	.14*
Concealment of mate	.67	.18**	.24**	-.02	.20**	-.00	.28**	.39**
Monopolization of time	.80	.25**	.26**	.07	.20**	-.02	.30**	.37**
Jealousy induction	.74	.21**	.25**	.01	.16**	-.08	.35**	.34**
Punish mate's infidelity threat	.53	.19**	.17**	.07	.18**	.00	.21**	.17**
Emotional manipulation	.66	.15**	.13*	.01	.11	-.09	.25**	.31**
Commitment manipulation	.48	.24**	.31**	.11*	.26**	.04	.27**	.32**
Derogation of competitors	.70	.09	.10	.04	.07	-.00	.13*	.15*
Resource display	.59	.12*	.13*	.14**	.13*	.15**	.05	.01
Sexual inducements	.20	.14*	.15**	.05	.20**	.05	.15**	.17**
Appearance enhancement	.60	.09	.11	.13*	.14*	.18**	-.03	-.03
Love and care	.65	.04	.03	.10	.07	.10	-.03	-.05
Submission and debasement	.76	.12*	.18**	.02	.20**	.01	.10	.13*
Verbal possession signals	.63	.10	.18**	.10	.15**	.13*	.05	.06
Physical possession signals	.77	-.02	-.05	.03	.03	.09	-.06	-.12*
Possessive ornamentation	.73	.21**	.22**	.09	.22**	.00	.25**	.25**
Derogation of mate	.58	.07	.08	-.03	.08	-.01	.18**	.23**
Intrasexual threats	.85	.28**	.22**	.10	.23**	.04	.24**	.28**
Violence against rivals	.72	.17**	.23**	.00	.13*	.01	.33**	.37**
α		.72	.86	.88	.82	.81	.93	.85

$n = 324$. α = Cronbach's alpha reliability.

Table 3. Mean performance frequencies (standard deviations) of each CMR tactic, separated by participant's sex and by friend's sex.

	Male participants (<i>n</i> = 189)			Female participants (<i>n</i> = 154)			Male friends	Female friends
	Male friends	Female friends	Diff. ¹	Male friends	Female friends	Diff. ¹	Diff. ²	Diff. ²
Gifts	1.70 (.78)	1.73 (.73)	-.59	1.65 (.84)	1.30 (.58)	6.52***	.55	5.89***
Therapy	1.77 (.64)	1.92 (.62)	-3.55***	1.70 (.68)	1.78 (.62)	-2.29*	.97	2.10*
Monopolize	1.95 (.63)	2.41 (.81)	-8.37***	2.18 (.71)	1.76 (.57)	7.28**	-3.09**	8.37***
Vigilance	1.71 (.64)	1.93 (.73)	-5.36***	1.63 (.60)	1.76 (.70)	-3.22***	1.23	2.25*
Praise	2.61 (.69)	2.14 (.73)	8.56***	2.62 (.80)	2.02 (.76)	10.51***	-.20	1.55
Manipulation	1.34 (.56)	1.53 (.56)	-8.62***	1.24 (.43)	1.35 (.50)	-4.87***	1.91	2.96**
Violence	1.38 (.60)	2.00 (.67)	12.54***	1.23 (.52)	2.06 (.70)	-14.32***	2.35*	-.87

Note: ¹Repeated measures *t*-tests comparing male friends against female friends (within-sex participants).

²Between subjects *t*-tests comparing male participants against female participants (within-sex friends).

* $p < .05$, ** $p < .01$, *** $p < .001$.

Appendix. Coalitional Mate Retention Inventory.

Instructions: The following is a list of behaviors that your friend might perform to help strengthen your romantic relationship. For example your friend might perform some behaviors to ensure that your romantic partner isn't being unfaithful to you when you are absent (e.g., your friend accompanies your partner to a party). Your friend also might perform behaviors that may appear harmful to your relationship (e.g., your friend flirts with your partner), but your friend is actually trying to help you by "testing" your romantic partner's commitment to you. As you read through the items, it is important to remember that each item refers to a behavior that your friend might perform with the intention of helping you strengthen your romantic relationship.

In the left column, please indicate how frequently your friend performed the following behaviors during the past ONE year with the intention of helping you strengthen your relationship. You might not be certain how often your friend performs each behavior during your absence, so provide your best guess for how often you think it occurs.

In the right column, please indicate how frequently you explicitly asked your friend to perform the following behaviors during the past ONE year with the intention of helping you strengthen your romantic relationship.

Note that your responses in the left column might be unrelated to your responses in the right column. For example, your friend might frequently perform a behavior ("often" in the left column), even though you never asked your friend ("never" in the right column).

- 0 = Never
- 1 = Rarely
- 2 = Sometimes
- 3 = Often

Manipulation

- Talked to my partner to learn if my partner was interested in someone else.
- Told me if he saw my partner cheating on me.
- Told me if my partner was cheating on me.
- Asked my partner if my partner found other people attractive.
- Flirted with my partner to help me test my partner's faithfulness to me.
- Got my partner drunk to see what my partner said.
- Got my partner drunk to see what my partner did.
- Seduced my partner to help me test my partner's faithfulness to me.
- Wore revealing clothing around my partner.
- Said bad things about me to see how my partner would react.
- Tried to "hook up" my partner with someone else to see what my partner did.
- Said negative things about my romantic relationship to my partner to see if my partner would defend our romantic relationship.

Praise

- Said nice things about me when my partner and other people were around.
- Said positive things about me to my partner.
- Mentioned me in conversation around my partner when I wasn't around.
- Said positive things about me to my partner's friends.
- Chatted with my partner.
- Reassured my partner that I liked my partner.

Vigilance

- Observed if my partner was interested in someone else.
- Observed how my partner acted around people interested in my partner.
- Observed if my partner mentioned me during conversations with others.
- Mentioned a story to others that involved me and my partner to remind others that my partner was in a relationship.
- Observed if my partner was wearing gifts that I gave my partner.
- Followed my partner around.

Monopolizing time

- Studied with my partner.
- Went out with my partner.
- Made plans with my partner for a get-together.
- Accompanied my partner to a party.
- Asked my partner for help with a task (e.g., home maintenance, yard work, school work).
- Drove my partner home.
- Spent time with my partner when I wasn't present.

Therapy

- Told my partner that cheating was wrong.
- Kept my partner company.
- Listened to my partner's relationship concerns.
- Asked my partner if my partner wanted to marry me.
- Asked my partner how serious my partner was about me.
- Asked my partner if my partner loved me.
- Told my partner how much I liked my partner.
- Included my partner in group activities.

Gifts

- Told me what gifts my partner wanted.
- Told me my partner's size (e.g., dress, ring) so I could buy my partner appropriately-sized gifts.

Violence

- Hit someone who was flirting with my partner.
- Fought someone who was interested in my partner.
- Intimidated someone who was interested in my partner.